### ISSUE #7 MAY 2024

# THE BERKELEY INSTITUTE THE BERKELEY INSTITUTE Sports Newsletter

## AS THE SPORTS YEAR COMES TO AN END...

# **BERKELEY CHAMPIONS**

In a testament to our commitment to athletic development and exposure, The Berkeley Institute's Physical Education (PE) Department embarked on a memorable football trip back in February, during the cold winter months. The trip took selected student athletes to prep schools and colleges in Connecticut, New York, Massachusetts, and New Hampshire, providing invaluable opportunities for academic and football exposure.

Despite the chilly weather, the team embraced the opportunity to showcase their talent in training sessions with other schools in indoor domes. The sessions served as valuable learning experiences, allowing the team to identify areas for improvement and refine their strategies under pressure. Beyond the football field, the trip provided students with the chance to explore new environments, interact with students from different backgrounds, and foster unity within our teams. The trip enriched the students' educational experience, broadened their horizons and also created opportunities for enrolment into prep school. Overall, it was truly an unforgettable experience and the memories made on this trip will undoubtedly fuel their desire to embark on similar adventures in the future.

Gold House had an incredible performance at Sports Day back in March, clinching victory by a significant margin! With standout athletes like Kalila Daley, Andre Hollinsid, Nazari Mienzer, Hailey Trott, Kyah Richardson, Zai Daniels and Chinae Dickenson-DeSilva leading the charge, Gold House truly dominated the competition. Seer Carey, Jadon Simmons and Rajae Whitter dominated for Green House in the Overs Boys' category. It was an exhilarating three days filled with school spirit and friendly competition.

Our Berkeley Institute athletes continued to exhibit an exceptional performance, showcasing their skills in the Senior School Track and Field Finals back in March. They left a mark of dominance that echoed through the competition! They racked up a total of 665 points, leaving the next team trailing behind with a massive 267-point gap! We had clean sweeps in the U16 Male Shot Put, U16 Female 200m, U16 Male Long Jump and the U16 Female High Jump categories! Our own S2 student Kyah Richardson won the Overall Champion in the U16 Male category as well as our S3 student Chinae Dickenson-DeSilva who won the O16 Female category.

On Thursday, May 2nd, 2024, our JV Basketball team concluded an outstanding season, going undefeated in the league and securing a dominant victory in the finals against MSA with a score of 59-37. Troy Washington Jr. shone as the game's MVP, scoring 18 points and contributed to leading the team to victory. Their commitment to training truly paid off. Congratulations to our 2024 JV Basketball Champions for their outstanding performance and unforgettable season!

The Berkeley Institute emerged triumphant in the 2024 Relay Classic this past Friday evening, claiming the title with an impressive total of 38 points. Dominating the track, Berkeley's teams showcased their speed, securing first and second place finishes in the 4x100m and 4x400m High School Cirls' events, as well as in the 4x100m High School Boys' event. The boys placed second and fourth in the 4x400m event. Huge shout out to the participants, Hannah Dill, Saniya Place, Kalila Daley, LaShee Jones, Azari Jones, Kelise Wade, Chinae Dickenson-DeSilva, l'Aura Colding, Chiaje Rudo, Arianna Stoneham, Shazaria Francis-Brown, Narye Somner, Andre Hollinsid, Justin Dill, Kyah Richardson, Cairo Tucker, Jahir Smith Mora, Hurven Burgess, Jadon Simmons, Seer Carey, Preston Ephraim, Khari Sharrieff, Jayden Belboda-Raveneau and Rajae Whitter,



### 2024 INTER-SCHOOL TRACK & FIELD CHAMPIONS



2

AIG

3

**2024 RELAY CLASSIC** 

CHAMPIONS



2024 JV BASKETBALL CHAMPIONS







...WE RECAP THE SUCCESS OF THE PAST FEW MONTHS AND LOOK FORWARD TO THE 2024-2025 YEAR IN SPORTS.